



"Adventurous idyll" is one of 26 panorama routes near Denmark's coastline. Panorama routes are quality cycle routes with places to eat, stay and special places to visit. Views and insights are the keywords for the routes, as they take you to vantage points and special locations in the countryside. The panorama routes are part of the project "Powered by Cycling: Panorama", supported by the EU's regional fund.



Adventurous idyll 34 km / 16 km

The tour around Jungshoved is an excursion into romanticism. Cycles glide silently under the beech trees and the view from the top of the peninsula looks out onto the calm blue sea. Thoughts and feelings flow freely here, where we follow in the footsteps of the romantic writer of fairy tales Hans Christian Andersen and the powerful Gønge chieftain.

Where the route takes us

You can start the tour anywhere you like but the route described here starts at the tourist information in Adelgade, Præstø **(1)**. You can also hire bicycles next door at Lykke Cykler.

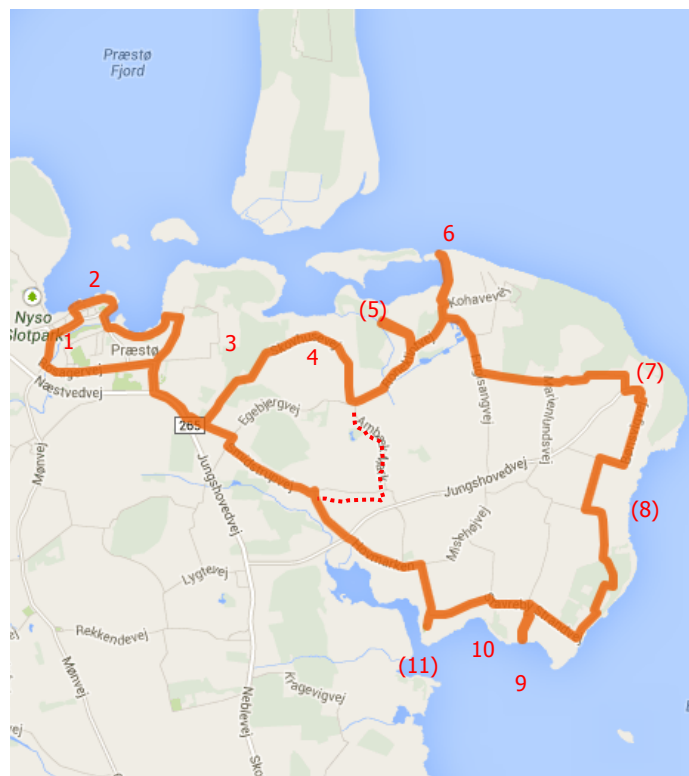
Præstø is a romantic market town in a unique location looking out to Præstø Fjord. The route takes you by Sweet&Cofee to Torvestræde down to the harbour, look out for the atmospheric cobblestoned Grønnegade with its pretty houses. Visit also Gallery Hestestalden. Around the atmospheric harbour, both Cafe Mokka and Præstø MadMarked are good places to "refuel" for the tour. Apart from Præstø town, there are places to eat at Jungshoved Præstegård **(10)**, but ring before you leave Præstø to make sure your hosts are at home to meet you (tel. +45 29 46 39 24).

Follow Fjordstien down to Præstø beach **(2)**, which is a popular destination for tourists during the summer. Here you'll also find the inlet posts at Præstø beach – one of a total of eight of what are known as inlet posts in Præstø Fjord Nature Area, where both nature and cultural history can be experienced along the inlet.

From Næbvej make a detour towards Christinelund B&B **(3)**. The writer of fairy tales Hans C. Andersen often visited Christinelund, where the young couple Jonna and Henrik Stampe befriended him. The friendship developed in the wake of Hans Christian Andersen's infatuation with Henrik Stampe. A love which was not reciprocated, as Henrik Stampe had fallen in love with Jonna Drewsen. In the 1850s, Hans Christian Andersen created 3 enchanting picture books for the family's daughters with collages, images cut out from paper and poetry. Hans Christian Andersen is also the focus for the next stop on the tour. Hans Christian Andersen's theatre park **(4)** is located at Skovhusevej 26, and opens its doors in July with daily theatre events. The theatre park invites both young and old into Hans Christian Andersen's fantastical world, with stages located around the old poultry farm. Tickets can be booked at www.teaterbilletter.dk or at the entrance.

You can also see

(1) At Nysø Manor, you can take a walk in the park, where you find the famous Danish sculptor Bertel Thorvaldsen's atelier. **(5)** Bøndernes Egehoved is a delightful nature reserve with trees several hundred years old and with rich and varied flora and fauna. There are no paths, so sturdy footwear is required to get there. **(7)** In Bønsvig Forest lies the passage grave of Svend Gønges Hule, where the "Gønge chieftain", tradition has it, took refuge during the Dano-Swedish Wars in the 1600s. **(8)** Bønsvig beach is Jungshoved's largest holiday area. Here you can go for a swim (before you come to the end of Ørnevej). In Bøget forest the path is flanked by large rhododendron bushes (which flower in June). **(11)** In Jungshoved Church there is both a font and altarpiece made by Bertel Thorvaldsen, who spent many of the last years of his life on Nysø Gods.



From Skovhusevej the cycle route can be shortened to 16 km by travelling south from Ambæk Mark towards Stenstrup (where you'll find a delightful village pond with tables and benches), where you turn right towards Smidstrupvej (see the dashed line on the map).

At the northernmost point of Jungshoved is located the old entrenchment of Roneklint **(6)**, with the old picturesque lighthouse which marks the limits of the inlet posts at Roneklint and has a panoramic view over the inlet and Maderne. During the Dano-Swedish Wars of 1658-60, this is where, according to tradition, the Gønge chieftain enticed the Swedish dragoons out onto the ice which cracked underneath them, causing them to drown. The lighthouse stands on an entrenchment which dates from the English Wars.

Stavreby harbour **(9)** is Denmark's smallest fishing harbour with an idyllic location, where it's as though time has stood still. The harbour is famous for the eel fishermen from times gone by. Today there is just one professional fisherman. A red wooden bridge leads you down to a small toilet in a hut with a unique sea view!

At the entrance to Jungshoved Nor and with a supremely strategic view over Bøgestrømmen, a castle was built in the Middle Ages to oversee shipping on one of the most important sailing routes at that time. It was from here that the Gønge chieftain and his "snaphaunce" guns operated during the Dano-Swedish Wars. Today you can take a trip around Jungshoved Slotsbanke **(11)** on the ramparts themselves. From island Smidstrup to Lundgård it goes uphill, but hang on the last stretch to Præstø goes downhill.

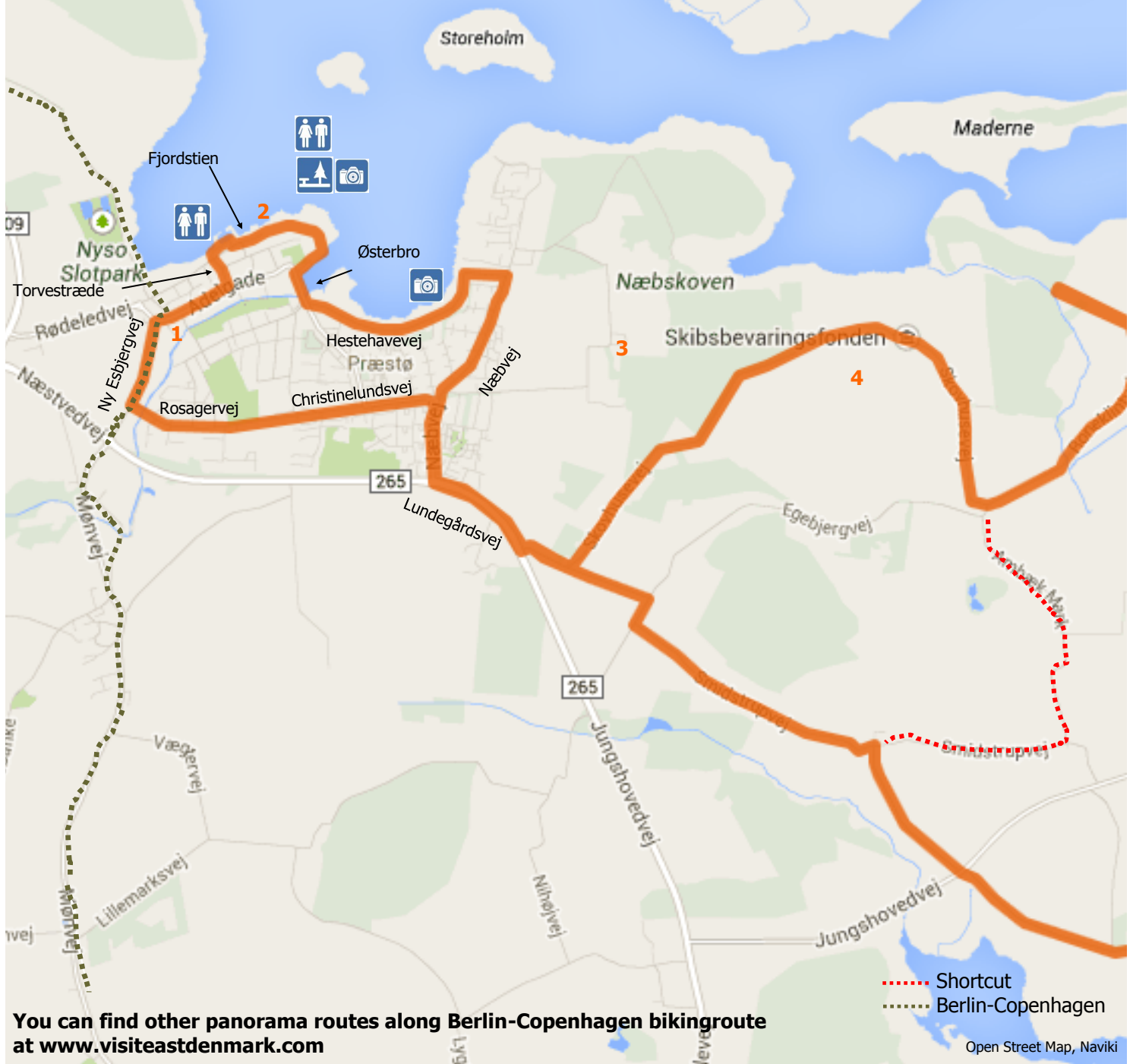
Roads: Gravel roads, forest roads and asphalted country roads with moderate traffic. Max 2 % gradient.
Cycletime 11 kmh (adults) app. 3 hours
Cycletime 8 kmh (kids) app. 4 hours and 15 minutes



Inlet post Roneklint

Adventurous idyll

Detailed map 1 of 2



You can find other panorama routes along Berlin-Copenhagen bikingroute at www.visiteastdenmark.com

Open Street Map, Naviki

Accommodation and tourist information

Tourist information in Adelgade 20, Præstø
B&B Sweet & Coffee www.sweetcoffee.dk
Hotel Frederiksminde www.frederiksminde.com
Bentes B&B www.olefog.dk/bb
Kirsebærkroen www.kirsebaerkroen.dk
B&B Christinelund www.christinelund.dk
Roneklint Resort www.roneklint-resort.dk
Jungshoved Præstegård www.jungshovedpraestegaard.dk
Jungshoved kro www.jungshovedkro.dk
Præstø camping site: www.praesto-camping.dk Jungshoved school and schoolmaster house www.jungshoved.net

Places to eat and shop for groceries

B&B Sweet & Coffee www.sweetcoffee.dk
Hotel Frederiksminde www.frederiksminde.com
Siv og co. www.sivogco.dk
Cafe Mocca www.cafemocca.dk
MadMarked www.madmarked.net
Jungshoved Præstegård www.jungshovedpraestegaard.dk
There's also a range of places to eat on Adelgade in Præstø.

Cycle hire at lykkecykler.dk, sweetcoffee.dk jungshovedpraestegaard.dk



Adventurous idyll

Detailed map 2 of 2



Jungshoved Slotsbanke

Hans Christian Andersen's Theatre Park