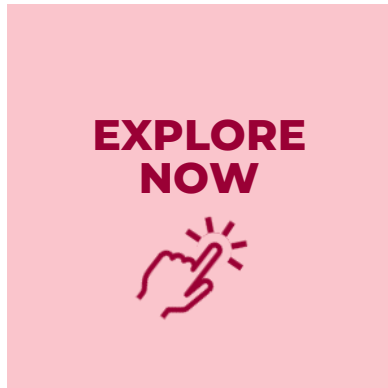
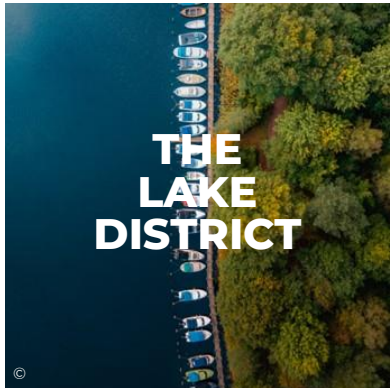


# SOFT ADVENTURE TRAVEL

## THE ADVENTURE STARTS IN DENMARK

Embark on a journey that combines scenic landscapes with a touch of thrill – welcome to [soft adventure travel in Denmark](#)! From cycling along picturesque coastal routes to kayaking through tranquil rivers, Denmark has stunning natural spots and awesome outdoor adventures for travelers seeking the perfect blend of nature, culture, and gentle adventure. Travelers can immerse themselves in the Danish countryside, explore ancient Viking ruins, and indulge in local culinary delights, making Denmark a true canvas for unforgettable soft adventure experiences!





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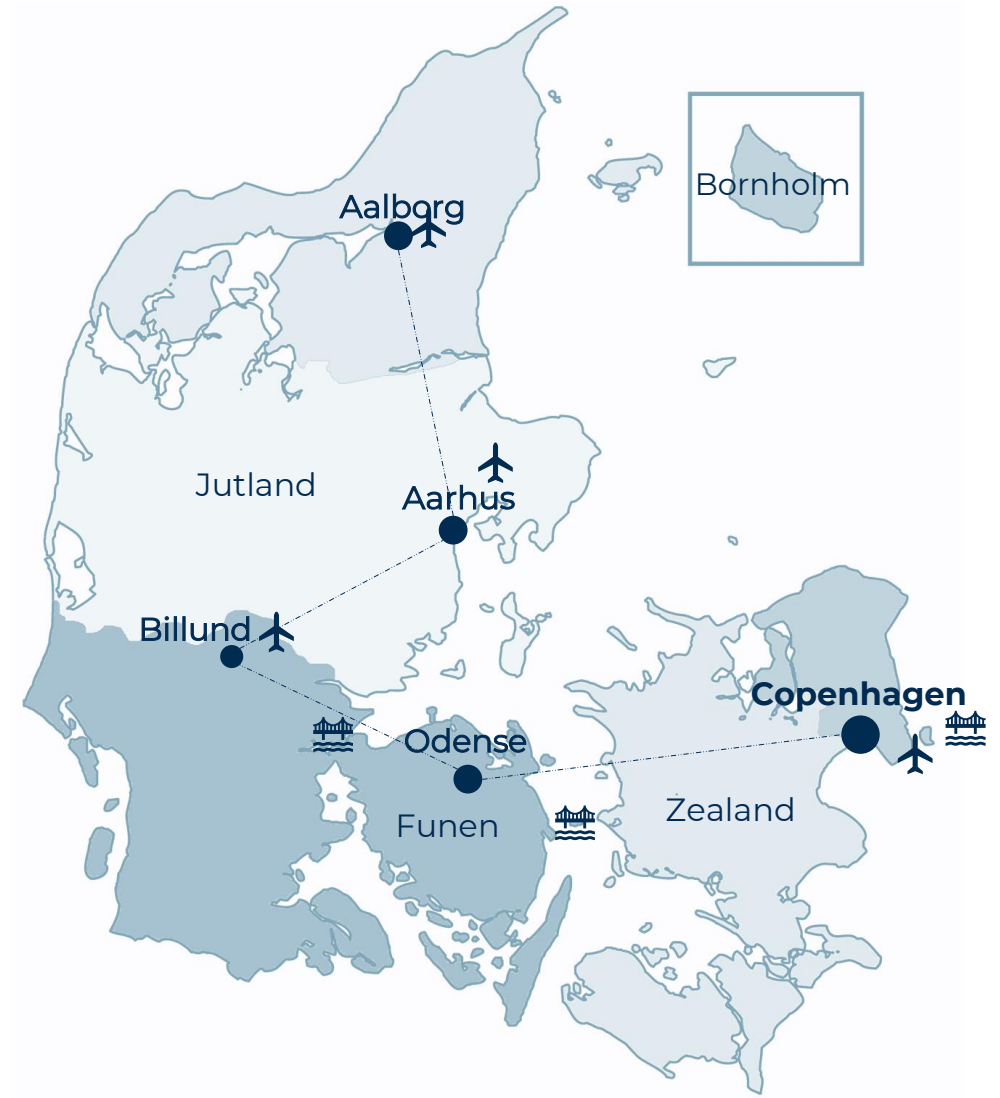
# DENMARK & ITS REGIONS

## GEOGRAPHY

- The smallest and southernmost **Scandinavian country**
- Has a physical border with Germany and is connected to Sweden by a bridge
- **The Danish regions:** North, Mid, and South Jutland, Funen, South and North Zealand, and Copenhagen
- **Short travel distances:** Copenhagen to Aalborg is less than a 5-hour drive and a 35-minute flight.

## FACTS

- The population is 5.9 million people
- Home of: 'hygge', New Nordic Cuisine, Viking history, LEGO®
- The currency is the **Danish kroner (DKK)**
- Most people speak **fluent English**
- One of the **happiest countries** in the world with one of the world's most **livable capital city**
- Easily combined with other **Nordic countries**
- Perfect for all types of travelers: **families, romantic, adventure, luxury, business, foodies, backpackers, and more!**



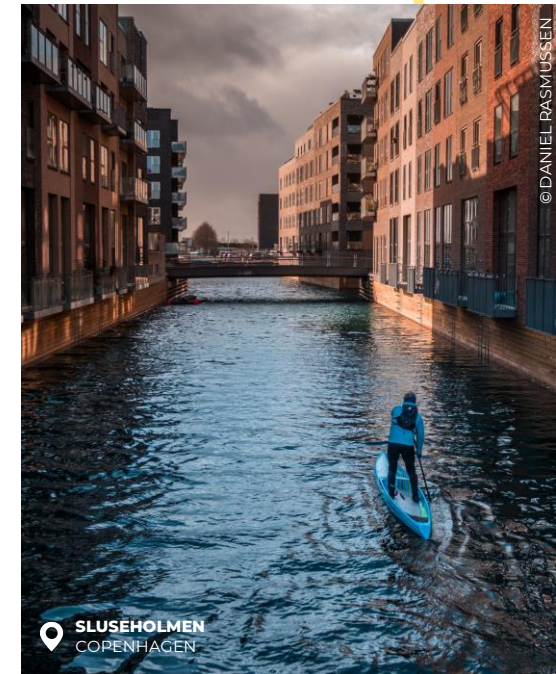
# COPENHAGEN

-  [Destination Website](#)
-  [Accommodation in Copenhagen](#)
-  [Local transportation in Copenhagen](#)

Copenhagen offers much more than enjoying delicious food at hip restaurants and walking around beautiful colorful streets.

The Danish capital is full of urban adventures! For example, did you know you could go climbing and skiing at [CopenHill](#) all year round? This leisure center is perched atop a waste-to-energy plant offering amazing city views.

For travelers looking for slower adventure activities, we highly recommend going on a calming trip on the canals of Copenhagen on a SUP board or in a kayak. Also, the city's harbor is clean, and just like the Copenhageners do, travelers should take a dip in one of the many [urban harbor baths](#).



# TOURS & ACTIVITIES

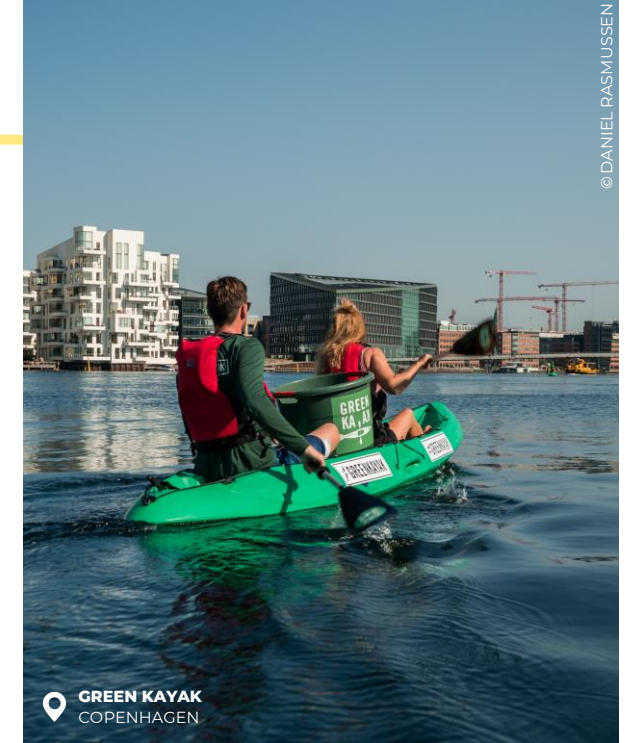
Copenhagen has an array of great tours and activities that your clients will love!

Experience the local bicycle culture and gastronomy in one tour with the [Bicycle Chef](#), who cooks meals on his bike. Travelers can also join [Foods of Copenhagen](#) for a tasty walking or biking tour of the city.

Why not explore Copenhagen from the waterside? Aboard a social canal tour with [Hey Captain](#) and learn about the city from passionate locals or be your own captain and tour guide with [GoBoat](#). For travelers who want a little workout, they should try [Green Kayak](#) where they are expected to collect trash, they find on their way, in exchange for free rental.

An amazing way to be introduced to the city and its architecture is through a guided walking tour with [DAC \(Danish Architecture Center\)](#).

Finally, we suggest heading out of the inner city to enjoy a [biking tour](#) in The Deer Park(UNESCO) north of Copenhagen.



# ZEALAND

 Destination Websites: [West](#), [North](#), [South](#)

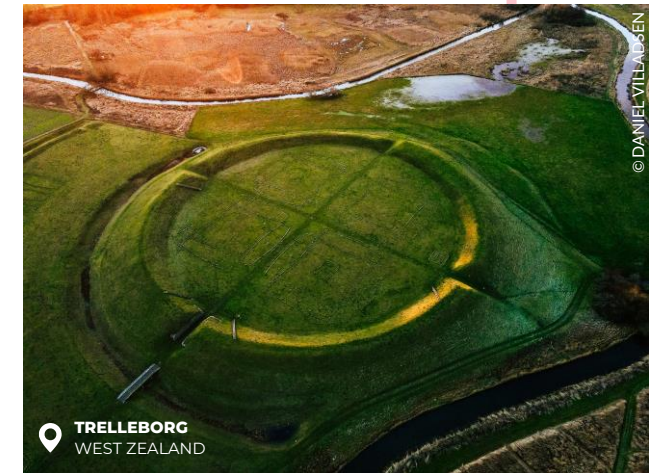
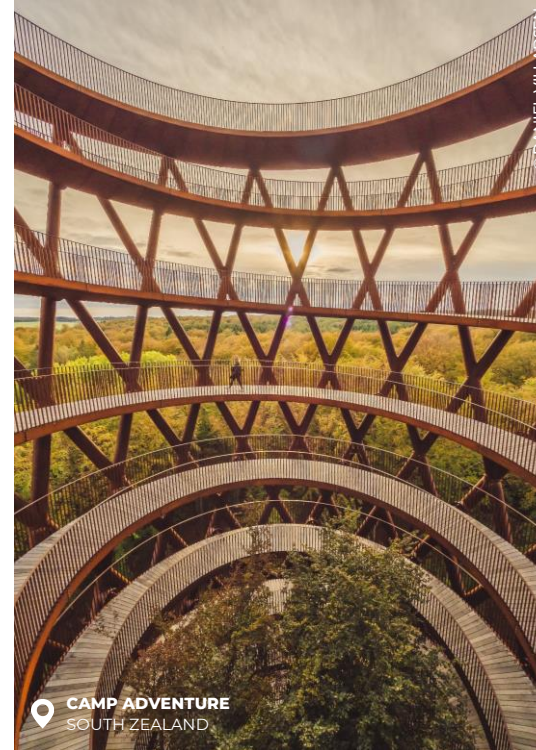
 Accommodation: [West](#), [North](#), [South](#)

 Local transportation: [North](#), [South](#)

Zealand is packed with great adventure experiences. Just an hour from Copenhagen the adventure starts at [Camp Adventure](#). Here travelers find a thrilling treetop experience with its iconic Forest Tower, along with a range of outdoor activities and educational programs.

Northern Zealand is known for its tranquil coastal towns, which are also connected by [cycling routes](#) taking travelers through idyllic scenery, like those seen in [Rågeleje and the other small towns on the Danish Riviera](#).

[In 2023, five Danish Viking ring fortresses](#) were included on the list of UNESCO's World Heritage Sites. Two of them, [Trelleborg and Borgring](#) are on Zealand! Explore Denmark's Viking past with a visit to these ring fortresses.



# THE SOUTHERN ISLANDS

🗄️ Destination Websites: [Møn](#), [Lolland-Falster](#)

🏠 Accommodation: [Møn](#), [Lolland-Falster](#)

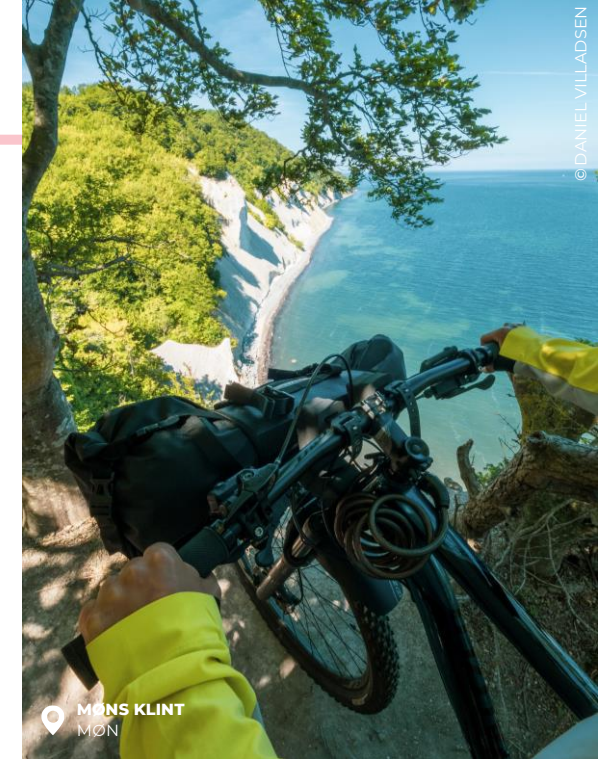
🚗 Local transportation: [Møn](#), [Lolland-Falster](#)

South of Zealand lies several adventurous islands – Møn, Falster, Lolland, and an archipelago of smaller islands.

Møn is known for [Møns Klint](#) where white chalk cliffs descend to the sea creating clear, blue, and inviting waters. Hike, bike, or go on horseback to explore Møns Klint, or enjoy the scenic views from a boat or kayak. Møn is also home to [The Camøno](#), a picturesque hiking trail winding through its landscapes, and the [Dark Sky Park Møn](#), providing unparalleled stargazing experiences in serene surroundings.

[The Baltic Sea Cycle Route](#) takes you through several parts of Denmark including Lolland and Falster.

Explore the [art and culture of Lolland and Falster](#) by visiting the several historical sites, galleries, museums, and castles.





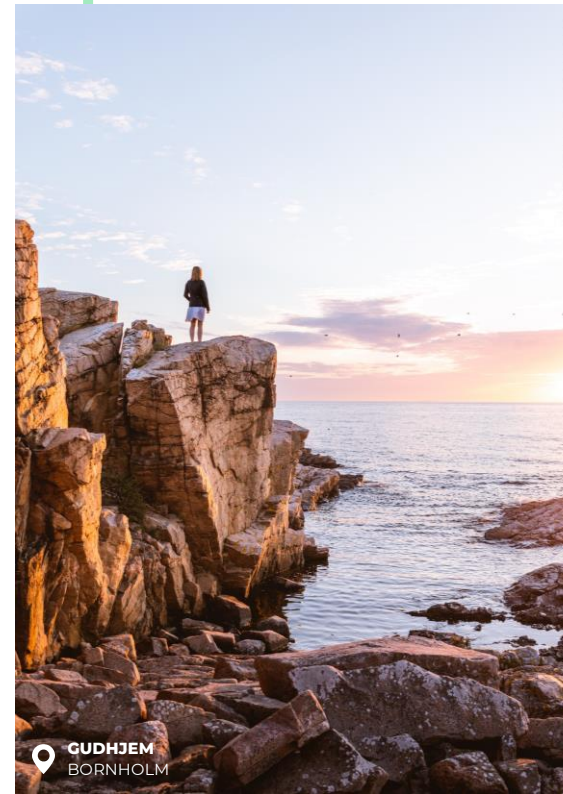
# BORNHOLM

-  [Destination Website](#)
-  [Accommodation on Bornholm](#)
-  [Local transportation on Bornholm](#)

Everyone is talking about this cute little Baltic island full of culinary wonders and laid-back island living. It is also Denmark's unofficial soft adventure hub!

Bornholm is a little different than the rest of the country: it has cliffs! That makes Bornholm the only place in Denmark where one can try outdoor [rock climbing](#). The island is also boasting with great opportunities for stand-up paddle boarding, kayaking, [windsurfing](#), [diving](#), [hiking](#), [bicycling](#), mountain biking, and [fishing](#)!

Travelers can explore their creative side with a visit to one of the island's many [ceramics and glass museums and stores](#) or by [joining a class](#)!



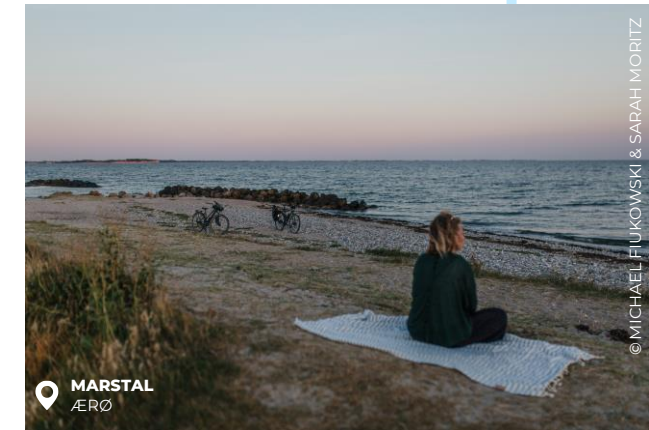
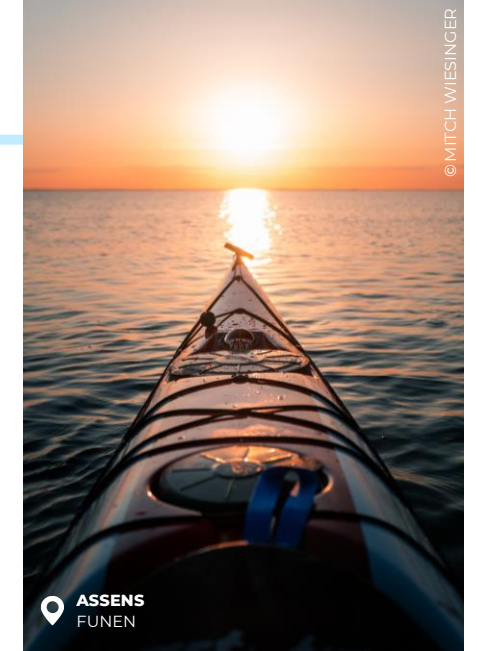
# FUNEN & ARCHIPELAGO

-  [Destination Website](#)
-  [Accommodation on Funen](#)
-  [Local transportation on Funen](#)

Denmark's second largest island, Funen, might be known as the home of the beloved writer Hans Christian Andersen, but did you know it's packed with adventure as well?

Funen is [Denmark's bike island](#) with 1118,5 miles of cycling routes, including [The Castle Route](#) and [The Baltic Sea Cycle Route](#). The island is the ideal place [to hop on two wheels](#) to cycle through rolling hills, idyllic villages, and historical castles. Take a trip to the southern part of Funen and explore the wonders of [Egeskov Castle](#). The area around the castle is filled with fun activities, such as [glamping](#), and even a [festival](#) takes place here!

Besides the bigger islands of Ærø and Langeland, the island of Funen is surrounded by an archipelago of 60+ islands, making it perfect for [island-hopping](#)!



# NORTH JUTLAND

-  [Destination Website](#)
-  [Accommodation in North Jutland](#)
-  [Local transportation in North Jutland](#)




If you think surfing is only fun in the warmer parts of the world, you are in for a surprise! [Cold Hawaii](#), in North Jutland, is a place to come and try those big waves for yourself. It is, in fact, one of the world's most favorable spots for windsurfing. After a cold surf, beach saunas are ready to heat you back up!

For travelers who want to stay on dry land, there is a beautiful hike in [National Park Thy](#). The park is the last wilderness in Denmark, where you will experience sandy beaches, beautiful moors, and entrancing wildlife.

Another fun experience is to head out to the Limfjord and join an [Oyster Safari tour](#)! On this tour, travelers learn about the distinct life of the Limfjord oysters and how to catch and prepare them.



# SOUTH JUTLAND

-  [Destination Website](#)
-  [Accommodation in South Jutland](#)
-  [Local transportation in South Jutland](#)

South Jutland is the place to go for travelers looking to enjoy their holidays in beautiful landscapes!

Hop on the Danes's best two-wheeled friend and take on the cycling routes! Besides scenic hiking trails, there are more than 1864 miles of [cycling routes](#)!

In the west part of South Jutland, is one of Denmark's natural wonders, which is also a UNESCO World Heritage Site. [The Wadden Sea](#) is a nature reserve known for its unique landscapes. Put on your waders and go on an [oyster safari](#) or [black sun/bird tour](#).

Hikers can walk through history at what was the [Northern German Defence Line](#) during World War I.



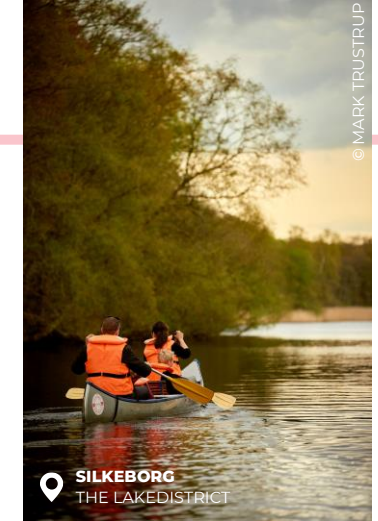
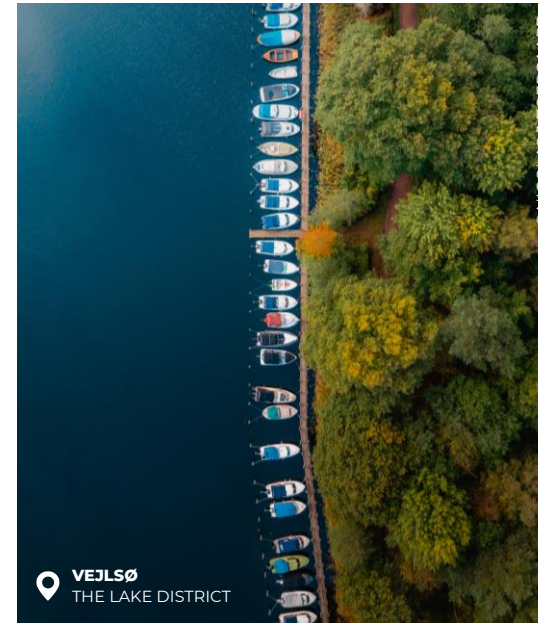
# THE LAKE DISTRICT

-  [Destination Website](#)
-  [Accommodation in The Lake District](#)
-  [Local transportation in The Lake District](#)

With more than 50 lakes and a forest area stretching over 86,5 square miles, [the Lake District](#) is the largest nature area in the entire country! This region is home to Denmark's longest river, the Gudenå. The river is 99,5 miles long and best explored by kayak or canoe. The area also is home to some of the best hiking trails in Denmark. Just tell your clients to bring their hiking boots and camera and enjoy the scenery.

Denmark has some of the cleanest waters for swimming, and the water in The Lake District is no exception! Travelers should visit the designated lakeside baths, such as [Vestre and Oestre Soebad](#), and the [lakes](#).

Watch [this video](#) to get a feel of this adventurous area.





Main airports: Copenhagen, Billund, and Aalborg  
Other airports: Aarhus, Odense, and Esbjerg



Cash is rarely used. Card is accepted most places. Tipping is not required



Public transport in Denmark is easy, fast and convenient.



Danish hotel rooms tend to be smaller, minimalistic and cozy. If your clients prefer bigger rooms, we recommend going up a suite level.



Denmark is a quite accessible country to get around.



Find information about cruise here.



Your travel questions answered with our Denmark A – Z.

## GOOD TO KNOW

# TRAVEL TRADE TOOLS



**ONLINE ADVISOR  
TRAINING**



**WEBINARS**



**NEWS FROM  
DENMARK**



**MEDIA BANK**



**INCOMING  
AGENCIES**



**VISITDENMARK  
TRAVEL TRADE**



**VISITCOPENHAGEN  
TRAVEL TRADE**



**EVENTS IN  
DENMARK**

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TAK, HEJ HEJ!